

saturday

week 10 of ordinary time

:: morning prayer ::

The earth is the Lord's for he made it: Come let us adore him.

Enter into a time of slowness.

a reading from the gospel

Mark 3:19b-35 [NRSV](#)

Create the time and space for reflection.

If needed, read the Scripture passage again.

What words or phrases caught hold of you in your reading?

Meditate on these words.

How can these words become a prayer for you and our community?

What implications do these words have for you and our community?

the prayers

Spend time praying with God in your own words or with no words at all.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

:: noon prayer ::

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be for ever. Amen.

the psalm

Psalm 30 [NRSV](#)

Create the time and space for reflection.

a prayer of formation

O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. Amen.

:: evening prayer ::

Grace and peace to you from God our Father and the Lord Jesus Christ. *Philippians*
1:2

confession of sin

Most merciful God, we confess that we have sinned against you in thought, word and deed,

by what we have done, and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will, and walk in your ways,

to the glory of your Name. Amen.

a reading

1 Samuel 22:1-23 [NRSV](#)

- or -

Acts 13:26-43 [NRSV](#)

Create the time and space for reflection.

the Lord's prayer

Our Father in heaven,

hallowed be your Name,

your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and forever. Amen.